Transmission Perspective on COVID-19 and the Future of Singing

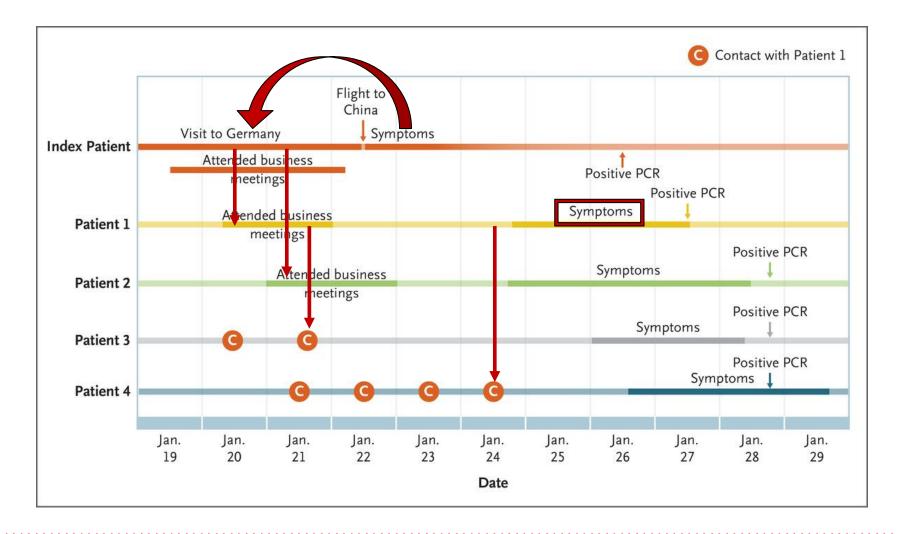
Donald Milton, MD, DrPH / Professor / Institute for Applied Environmental Health







Timeline of Spread from Asymptomatic Patient 1 in Germany

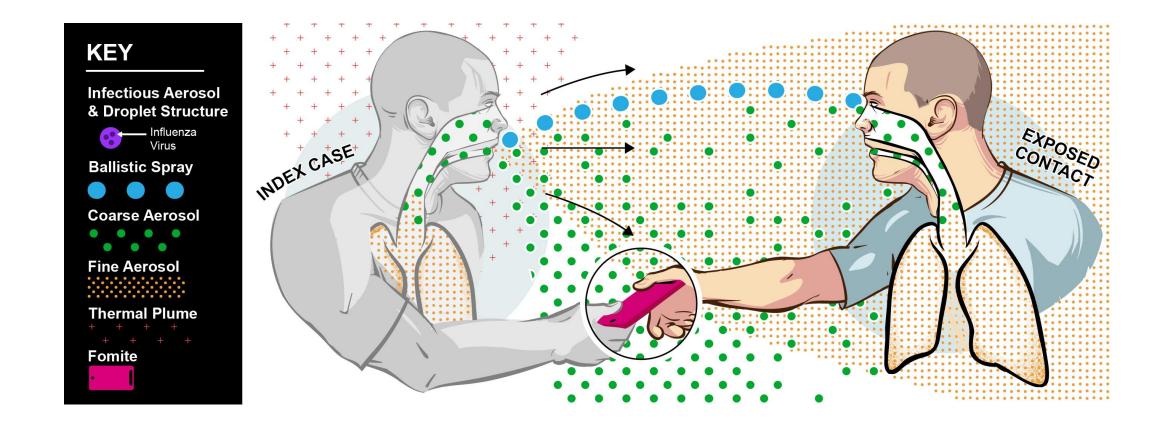




C Rothe et al. N Engl J Med 2020. DOI: 10.1056/NEJMc2001468



Modes of Transmission?



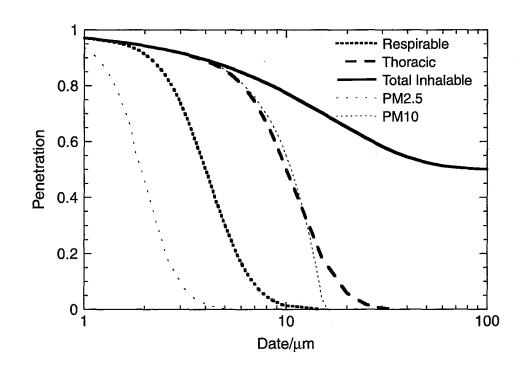


Two ways to define droplets and particles that can carry respiratory viruses

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Pulmonary physiology – exposure science based categories





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J. C. Volkwein, A. D. Maynard, M. Harper, in *Aerosol Measurement*, P. Kulkarni, P. A. Baron, K. Willeke, Eds. (John Wiley & Sons, Inc., Hoboken, NJ, USA, 2011, pp. 571–590.

Total & Regional Respiratory Tract Deposition

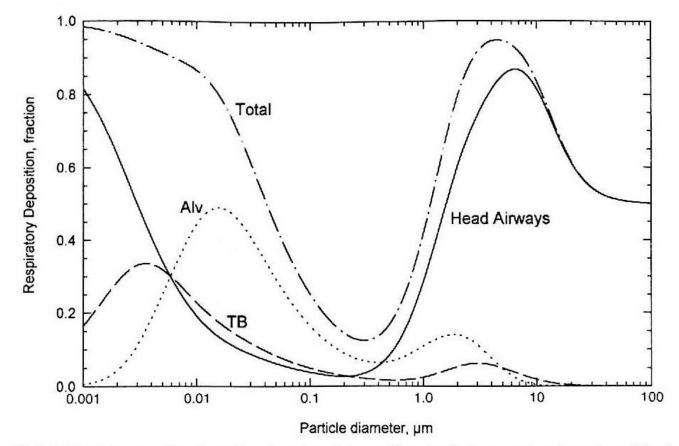
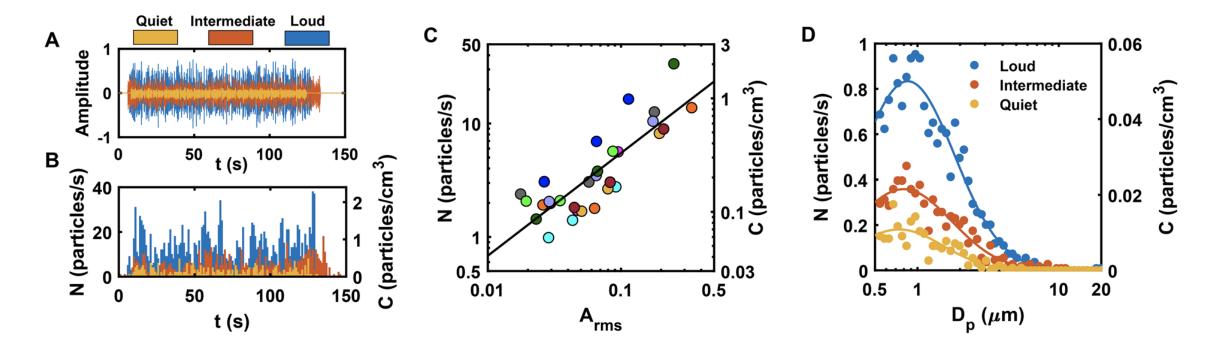


FIGURE 11.3 Predicted total and regional deposition for light exercise (nose breathing) based on ICRP deposition model. Average data for males and females.



Hines WC Aerosol Technology, 1999

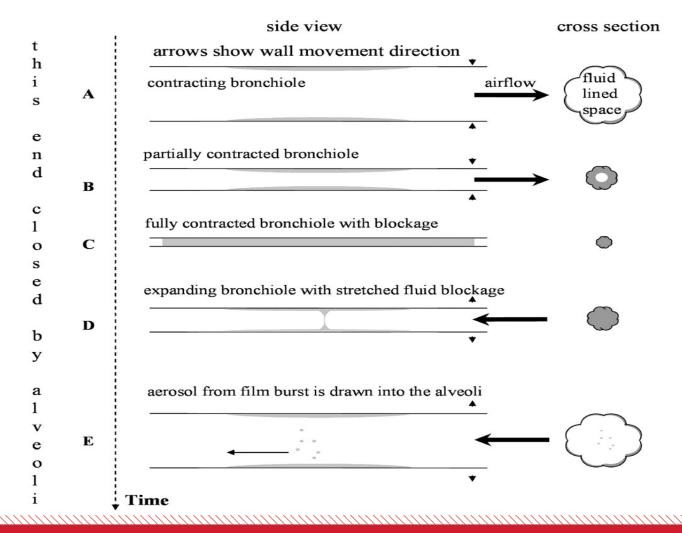
Aerosol emission and superemission during human speech increase with voice loudness





S. Asadi et al., Scientific Reports. 9, 2348 (2019).

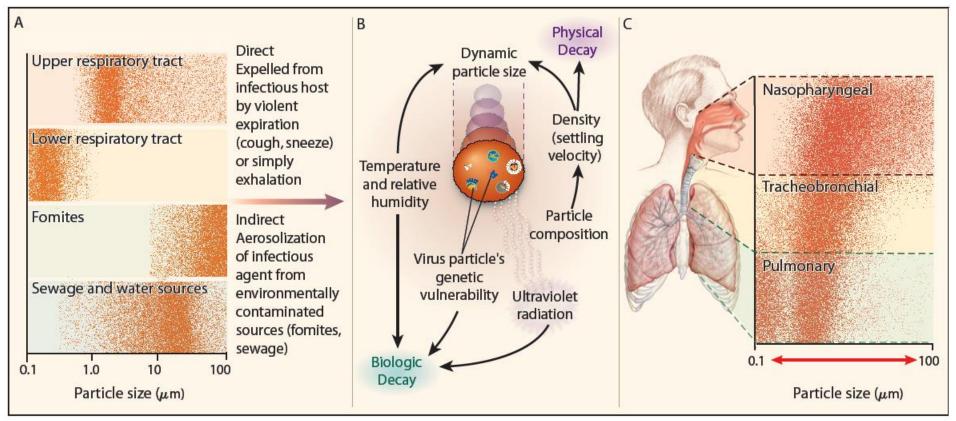
Mechanism of Breath Aerosol Formation





Johnson & Morawska, 2009

The Elusive Pathway The Aerobiological Pathway for Transmission of Communicable Respiratory Disease



A: Source, B: Transport and Dispersion, C: Deposition

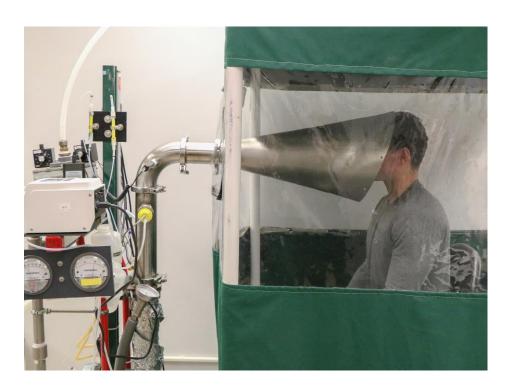


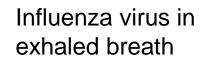
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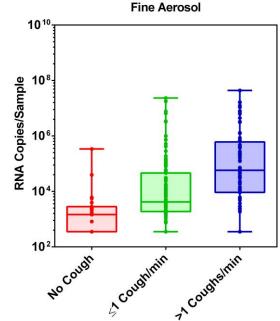
Roy C and Milton DK, New Engl J Med, 2004

Modes of Transmission?

- Gesundheit-II exhaled breath sampler
- Fine aerosol = tiny particle suspended in air
- Influenza virus is present in exhaled breath – even without coughing.



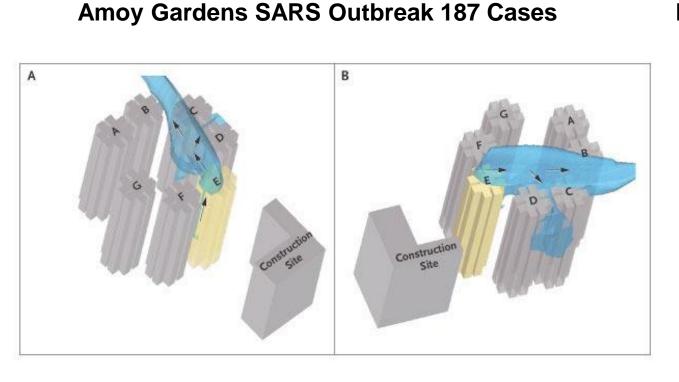




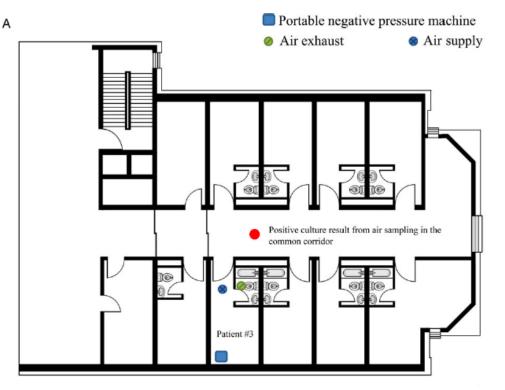


J. Yan et al., Proc. Natl. Acad. Sci. U.S.A. 115, 1081–1086 (2018)

Modes of Transmission?



Infectious MERS-CoV in Hospital Corridor Air



Yu, I. T.S. et al. N Engl J Med 2004;350:1731-1739

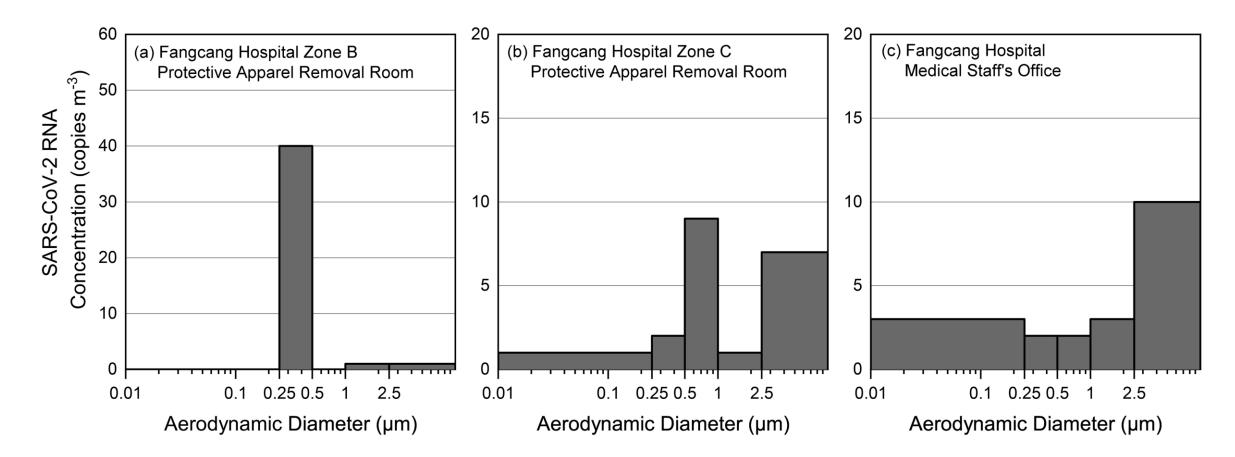
S.-H. Kim et al., Clin. Infect. Dis. 63, 363–369 (2016).



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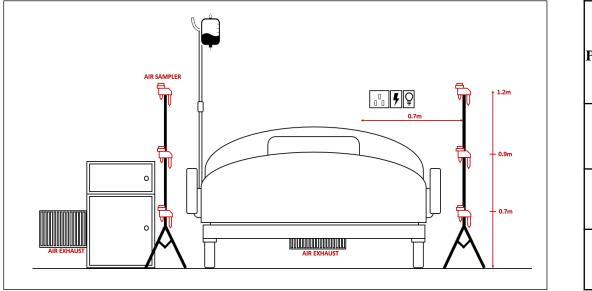
Aerodynamic analysis of SARS-CoV-2 in two Wuhan hospitals





Y. Liu et al., Nature, 1–6 (2020).

Aerosols in Containment Unit, Singapore



Patient	Day of	Symptoms reported on day of air sampling	Clinical Ct value*	Airborne SARS- CoV-2 concentrations (RNA copies m ⁻³ air)	Aerosol particle size	Samplers used
1	9	Cough, nausea,	33.22	ND		NIOSH
		dyspnea		ND		SKC Filters
2	5	Cough, dyspnea	18.45	2,000	>4 µm	NIOSH
				1,384	1-4 µm	
3	5	Asymptomatic [†]	20.11	927	>4 µm	NIOSH
				916	1-4 µm	

P. Y. Chia *et al., medRxiv*, 2020, doi:<u>10.1101/2020.03.29.20046557</u>.



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FAITH

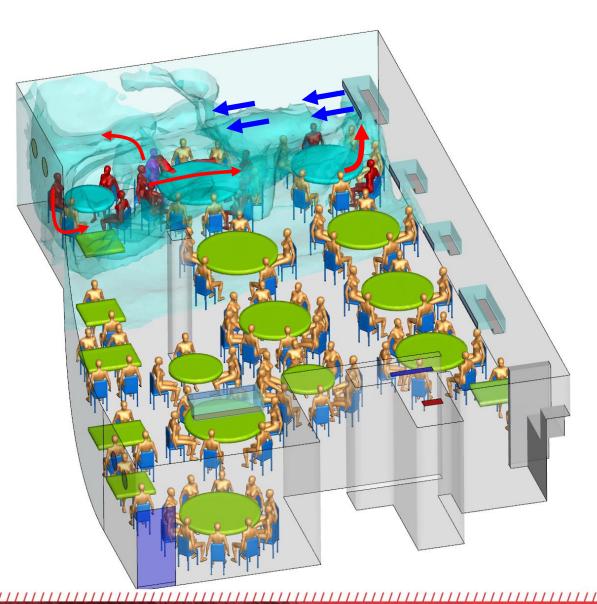
Transmission Potential of SARS-CoV-2 in Viral Shedding Observed at the University of Nebraska Medical Center

			Air Samples		Air Samples	
Location	Day	(copies/L of air)		(copies/L of air)		
	5	UND	NC			
]	5	UND	NC			
]	6	5.757	5.096			
]	6	6.004	5.902			
]	7	2.077	3.597			
NQU	7	UND	NC			
	8	8.688	3.688			
]	8	2.361 4.090				
	8	2.294	3.972			
]	9			7.392	19.204	
				5.366	7.150	
	10	UND	NC			
	10	2.994	2.994 5.186			
NBU	10	0.979	1.695)5		
]	10			19.174	49.817	
	18			48.216	67.164	
Percent	Positive	66.7%		100.0%		

J. L. Santarpia et al., medRxiv, 2020, doi: 10.1101/2020.03.23.20039446.



Evidence for probable aerosol transmission of SARS-CoV-2 in a poorly ventilated restaurant





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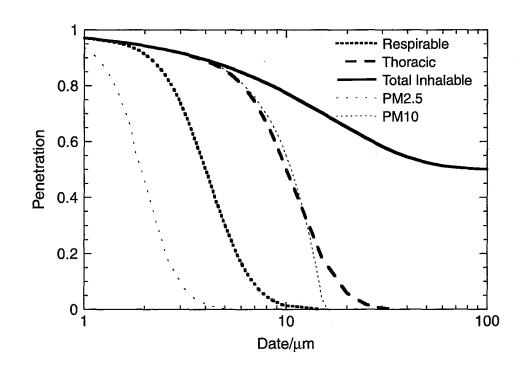
Y. Li et al., medRxiv, in press, doi: 10.1101/2020.04.16.20067728.

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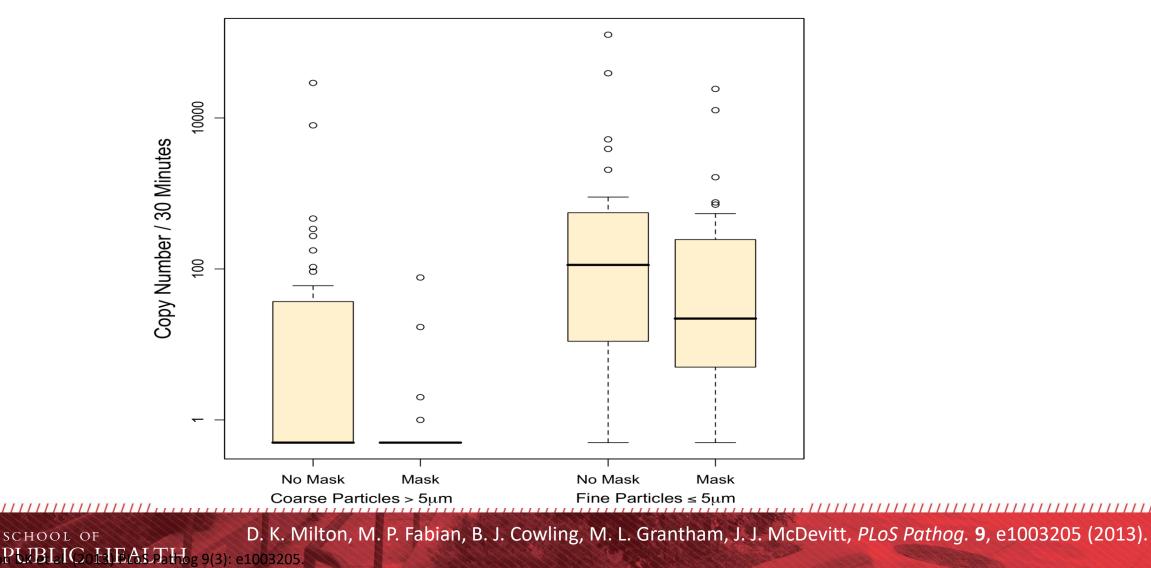


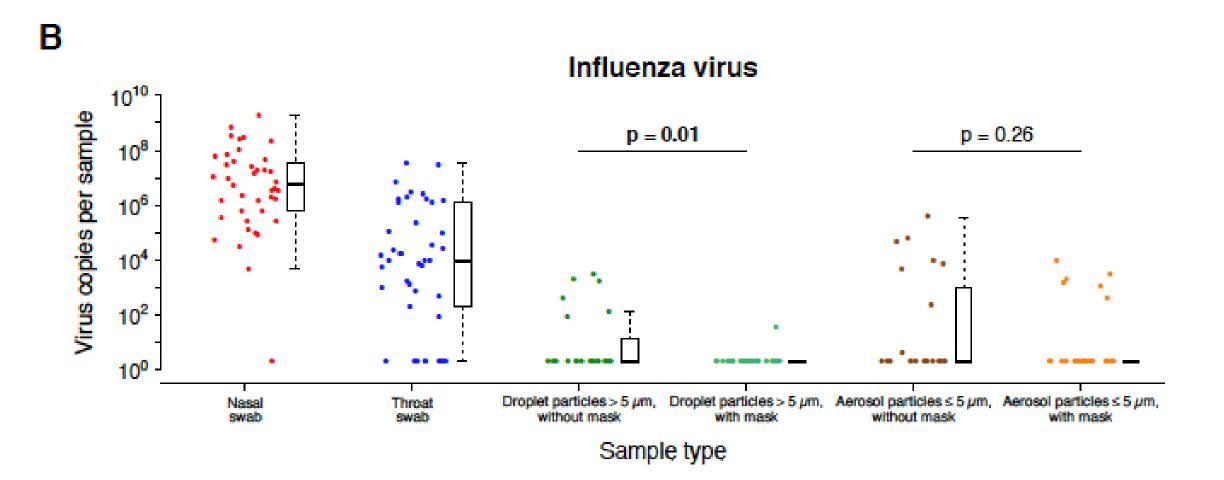


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J. C. Volkwein, A. D. Maynard, M. Harper, in *Aerosol Measurement*, P. Kulkarni, P. A. Baron, K. Willeke, Eds. (John Wiley & Sons, Inc., Hoboken, NJ, USA, 2011, pp. 571–590.

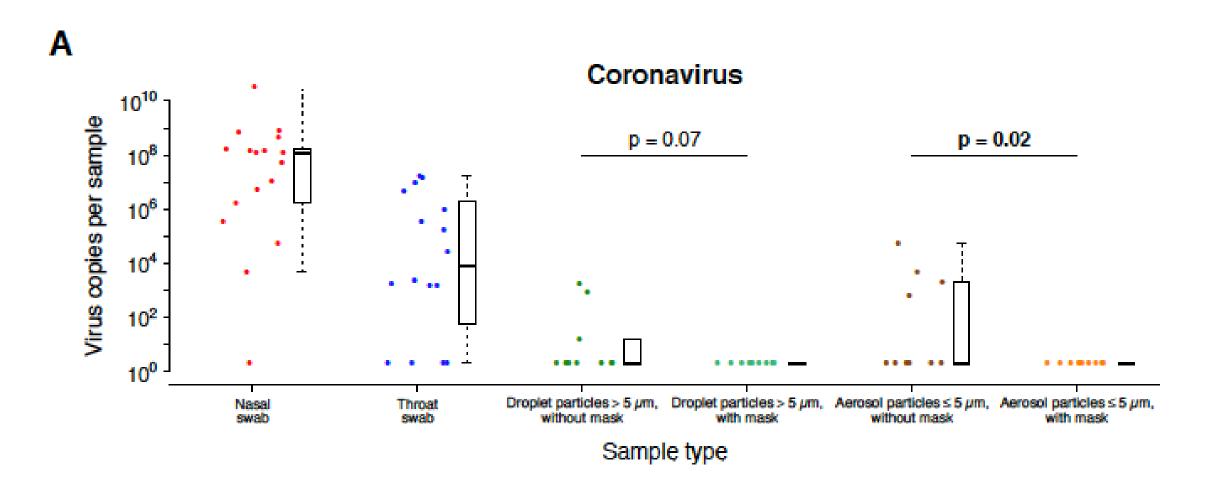
Influenza Virus Copy Number In Aerosol Particles Exhaled By Patients With And Without Wearing Of An Ear-loop Surgical Mask







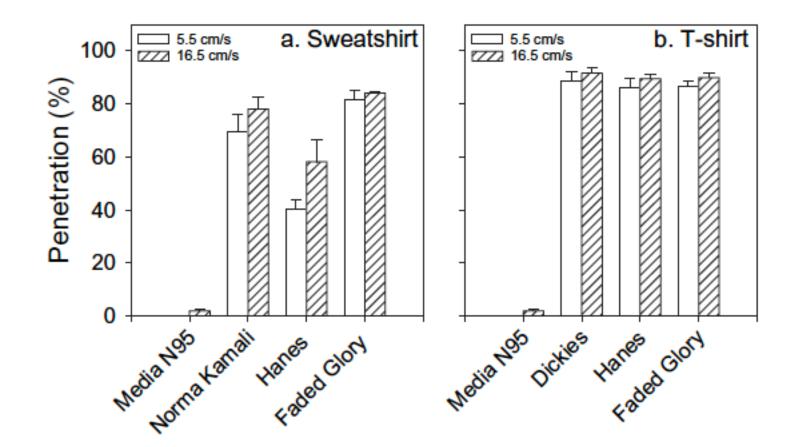
N. H. L. Leung et al., Nature Medicine, 1–5 (2020).





N. H. L. Leung et al., Nature Medicine, 1–5 (2020).

Evaluation of the Filtration Performance of Cloth Masks and Common Fabric Materials





S. Rengasamy, B. Eimer, R. E. Shaffer, Ann Occup Hyg. 54, 789–798 (2010).

Skagit Choir Outbreak

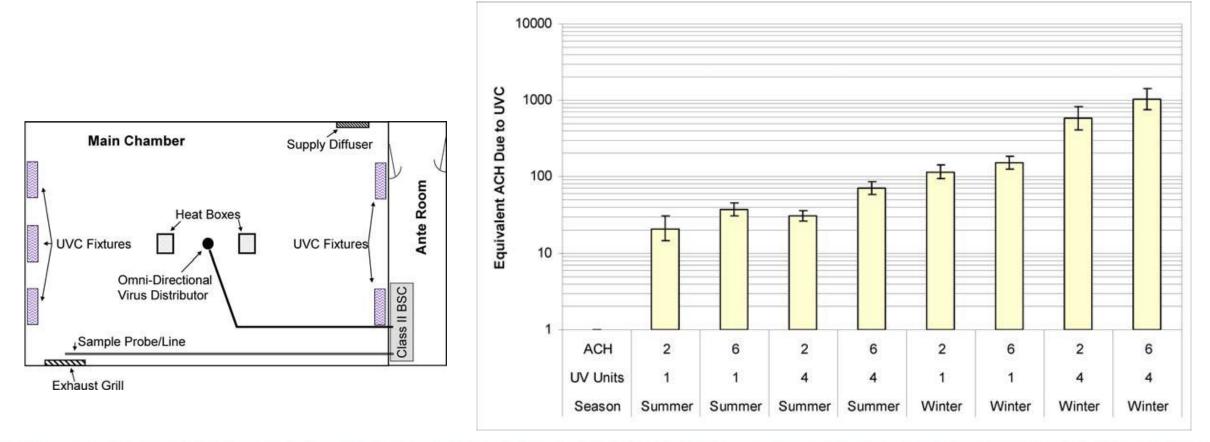
- March 10, 2020
- "About 55 people (roughly one-half of the group) attended."
- At the time of the rehearsal, there were no known cases in Skagit Valley, nor were any closures in effect.
- Notice to members: "Anyone showing any symptoms of illness, no matter the cause, should not attend rehearsals."
- ~70% infection rate
- 0.5 air changes per hour estimated
- Increase to 9 air changes per hour would have reduced to 14% infected, if airborne transmission

15 seats 8 occupied 5 infections	15 seats 6 occupied 1 infection	15 seats 10 occupied 8 infections	15 seats 6 occupied 5 infections		Summary 120 seats + 2 58 occupied 42 infections
15 seats 5 occupied 4 infections	15 seats 9 occupied 9 infections	15 seats + 2 leaders 9 occupied 6 infections	15 seats 5 occupied 4 infections	12 m	

Average ceiling height = 4.5 m



Upper-room Germicidal UV (gUV) Light Air Sanitation





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J. J. McDevitt, D. K. Milton, S. N. Rudnick, M. W. First, PLoS ONE. 3 (2008).