



TM

THE MOBILE APP



System to track all voice use, vocal condition, water intake
Guides on vocal hygiene, risky behaviors, best practices

DOWNLOAD at:
SingerSavvyApp.com

Follow directions in info  on how to add icon to phone screen.

Singers are invited to download the SINGER SAVVY APP and to participate in a **research study**. The study will use de-identified (anonymous) data collected from singers 18 years and older. This study will investigate how singers who track the circumstances and frequency under which they use their voices can make correlations between their behaviors and levels of vocal fatigue. I hypothesize that if singers do a daily self-assessment of their vocal condition and then stay within or near a recommended “vocal budget” they will see trends toward improved vocal condition/function. The app will offer guidance on testing vocal function, spacing out intense sessions of voice use, speaking well, vocal hygiene, tracking water intake, and “vocal naps”. Theresa Brancaccio, faculty Northwestern University in Voice/Opera and Vocal Pedagogy is the principal investigator of research study *Singer Savvy App: Voice Tracking and Budgeting System for Singers* IRB#00207688. You will be considered a participant in the study if you agree to the Terms of Service on the Singer Savvy App registration page at <http://SingerSavvyApp.com>. Direct questions to: tbrancaccio@northwestern.edu with subject line: Singer Savvy