# Science-Informed Voice Texts: Recommended Books for the 2024 NATS Science-Informed Voice Pedagogy Institute Created by Lynn Helding & John Nix

April 24, 2024

**A note to Science-Informed Voice Pedagogy Institute participants:** The following list of recommended reading was created in response to suggestions from participants in the Institute's inaugural session (June, 2023) who commented that having science-informed texts at hand throughout the week would have enhanced their learning.

While we do not, at present, require any specific readings during the Institute, we nevertheless strongly recommend registrants to read and review voice anatomy, physiology, acoustics, and aspects of cognitive science <u>before</u> coming to the Institute. In addition, we advise registrants to bring as many of the texts listed below as possible. We ourselves personally own all of these texts and regularly return to them as valuable science-informed references for teaching in both the studio and the classroom. If space or weight of luggage poses a significant travel challenge for you, we suggest that you consider the following:

- If you must restrict your choices, choose from books in the first three categories.
- Purchase e-Book versions, if they are available.
- If you know others who are attending, agree to share resources.

# **General Science-Informed Voice Pedagogy Texts**

Janice Chapman and Ron Morris, *Singing and Teaching Singing: A Holistic Approach to Classical Voice,* Fourth Edition (San Diego: Plural, 2021).

Barbara M. Doscher, *The Functional Unity of the Singing Voice Second Edition, Expanded with an introduction by John Nix* (Lanham, MD: Rowman and Littlefield, 2023).

Wendy D. LeBorgne, Marci Daniels Rosenberg, *The Vocal Athlete* \*second edition (San Diego: Plural Publishing, 2019). *Note: the 3rd edition will be available from the publisher in June, 2024.* 

Scott McCoy, Your Voice: An Inside View Third Edition, (Gahanna, Ohio: Inside View Press, 2019).

Richard Miller, *The Structure of Singing: System and Art in Vocal Technique*. (New York: Schirmer, 1986).

Ingo Titze and Katherine Verdolini Abbott, *Vocology: The Science and Practice of Voice Habilitation*. (Salt Lake City: NCVS, 2012).

# **Cognition and Motor Learning**

Lynn Helding, *The Musician's Mind: Teaching, Learning, and Performance in the Age of Brain Science* (Lanham, MD: Rowman & Littlefield Publishing, 2020).

Verdolini Abbott, "Ch. 7 Perceptual-Motor Learning Principles: How To Train," in *Vocology: The Science and Practice of Voice Habilitation* (Salt Lake City: NCVS, 2012).

### Acoustics

Donald Miller, *Resonance in Singing: Voice Building through Acoustic Feedback* (Princeton: Inside View Press, 2008).

Garyth Nair, Voice: Tradition and Technology (San Diego: Singular Publishing, 1999).

# **Voice Science**

Johan Sundberg, The Science of the Singing Voice (Dekalb, IL: Northern Illinois University Press, 1989).

Ingo Titze, *Principles of Voice Production* Second Printing (Iowa City, IA: National Center for Voice and Speech, 2000).

## **Voice Health**

Leda Scearce, Manual of Singing Voice Rehabilitation: A Practical Approach to Vocal Health and Wellness (San Diego: Plural, 2016).

# **Interpretive/Practical Texts**

Kenneth Bozeman, *Practical Vocal Acoustics: Pedagogic Applications for Teachers and Singers* (Hillsdale, NY: Pendragon Press, 2013.)

Bozeman, *Kinesthetic Voice Pedagogy: Motivating Acoustic Efficiency.* (Gahanna, Ohio: Inside View Press, 2017).

Wendy D. LeBorgne, Marci Daniels Rosenberg, *The Vocal Athlete: Application and Technique for the Hybrid Singer,* \*second edition (San Diego: Plural Publishing, 2019). *Note: This is the "companion workbook" to the main text, listed above under "General Science-Informed Voice Pedagogy Texts." Like the main text, the 3rd edition of the workbook will be available from the publisher in June, 2024.* 

Kari Ragan, A Systematic Approach to Voice: The Art of Studio Application (San Diego: Plural, 2020).