

Vocal Health: A Bibliography

Behrman, A; Rutledge, J; Hembree, A; Sheridan, S. "Vocal Hygiene Education, Voice Production Therapy, and the Role of Patient Adherence: A Treatment Effectiveness Study in Women with Phonotrauma." *Journal of Speech, Language, and Hearing Research* 51 (2008), 350–366.

Brinckmann, J; Sigwart, H; van Houten, TL. "Safety and Efficacy of a Traditional Herbal Medicine (Throat Coat) in Symptomatic Temporary Relief of Pain in Patients with Acute Pharyngitis: A Multicenter, Prospective, Randomized, Double-Blinded, Placebo-Controlled Study." *Journal of Alternative and Complementary Medicine* 9.2 (2003), 285–298.

Brown, C; Graham, S. "Nasal Irrigations: Good or Bad?" *Current Opinion in Otolaryngology, Head and Neck Surgery* 12.1 (2004), 9–13.

Dunn, J; Dion, G; McMains, K. "Efficacy of Nasal Symptom Relief." *Current Opinion in Otolaryngology, Head and Neck Surgery* 21.3 (2013), 248–51.

Elias, ME; Sataloff, RT; Rosen, DC; Heuer, RJ; Spiegel, JR. "Normal Stroboscoped Laryngoscopy: Variability in Healthy Singers." *Journal of Voice* 11.1 (1997), 104–107.

Gottliebson, RO. "The Efficacy of Cool-Down Exercises in the Practice Regimen of Elite Singers." Dissertation, University of Cincinnati, 2011.

Heman-Ackah, Y; Dean, C; Sataloff, RT. "Stroboscoped Laryngoscopic Findings in Singing Teachers." *Journal of Voice* 16.1 (2002), 81–86.

Hill, L; Woodruff, L; Foote, J; Barreto-Alcoba, M. "Esophageal Injury by Apple Cider Vinegar Tablets and Subsequent Evaluation of Products." *Journal of the American Dietetic Association*, 105.7 (2005), 1141–1144.

Hoffman-Ruddy, B; Lehman, J; Crandell, C; Ingram, D; Sapienza, C. "Laryngoscopic, Acoustic, and Environmental Characteristics of High-Risk Vocal Performers." *Journal of Voice* 15.4 (2001), 543–552.

Koufman, JA; Radomski, TA; Joharji, GM; Russell, GB; Pillsbury, DC. "Laryngeal Biomechanics of the Singing Voice." *Otolaryngol Head Neck Surgery*, 115 (1996), 527–537.

LeBorgne, W. "Defining the Belt Voice: Perceptual Judgements and Objective Measures." Dissertation, University of Cincinnati, 2001.

Leydon, C; Sivasankar, M; Falciglia, D; Atkins, C; Fisher, K. "Vocal Fold Surface Hydration: A Review." *Journal of Voice* 23.6 (2009), 658–665.

Leydon, C; Wroblewski, M; Eichorn, N; Sivasankar, M. "A Meta-Analysis of Outcomes of Hydration Intervention on Phonation Threshold Pressure." *Journal of Voice*, 24.6 (2010), 637–643.

Lundy, D; Casiano, R; Sullivan, P; Roy, S; Xue, J; Evans, J. "Incidence of Abnormal Laryngeal Findings in Asymptomatic Singing Students." *Otolaryngology - Head and Neck Surgery* 121 (1999), 69–77.

Nsouli, T. "Long-Term Use of Nasal Saline Irrigation: Harmful or Helpful?" American College of Allergy, Asthma, and Immunology (ACAAI). 2009 Annual Scientific Meeting: Abstract 32. Presented November 8, 2009.

Phyland DJ; Oates J; Greenwood K. "Self-Reported Voice Problems among Three Groups of Professional Singers." *Journal of Voice* 13 (1999), 602–611.

Roy, N; Tanner, K; Gray, S; Blomgren, M; Fisher, K. "An Evaluation of the Effects of Three Laryngeal Lubricants on Phonation Threshold Pressure (PTP)." *Journal of Voice* 17.3 (2003), 331–342.

Satomura, K; Kitamura, T; Kawamura, T; Shimbo, T; Watanabe, M; Kamei, M; Takana, Y; Tamakoshi, A. "Prevention of Upper Respiratory Tract Infections by Gargling: A Randomized Trial." *American Journal of Preventative Medicine*, 29.4 (2005), 302–307.

Shadkam, M; Mozaffari-Khosravi, H; Mozayan, M. "A Comparison of the Effect of Honey, Dextromethorphan, and Diphenhydramine on Nightly Cough and Sleep Quality in Children and Their Parents." *Journal of Alternative and Complementary Medicine* 16.7 (2010), 787–793.

Sivasankar, M; Leydon, C. "The Role of Hydration in Vocal Fold Physiology." *Current Opinion in Otolaryngology Head & Neck Surgery* 18.3 (2010), 171–5.

Tanner, K; Roy, N; Merrill, R; Muntz, F; Houtz, D; Sauder, C; Elstad, M; Wright-Costa, J. "Nebulized Isotonic Saline versus Water Following a Laryngeal Desiccation Challenge in Classically Trained Sopranos." *Journal of Speech Language and Hearing Research* 53.6 (2010), 1555–1566.

Tepe, ES; Deutsch, ES; Sampson, Q; Lawless, S; Reilly, JS; Sataloff, RT. "A Pilot Survey of Vocal Health in Young Singers." *Journal of Voice* 16.2 (2002), 244–247.

Yiu, E; Chan, R. "Effect of Hydration and Vocal Rest on Vocal Fatigue in Amateur Karaoke Singers." *Journal of Voice* 17.2 (2003), 216–227.