

resources

Finances:

MINT app

Travel:

- SKYSCANNER – website to track specific itineraries that will email you when the fare changes
- Airfare watchdog – similar concept, but sends you daily notifications of flight routes as they go on sale. Good for finding cheap flights to Europe

Pre-Check/Global Entry – Just do it!

Clothing:

For female-identifying only – Rent the Runway unlimited

For all – SAMPLE SALES

- 260 Sample Sale – Instagram, Emailing list at <https://www.260samplesale.com/newsletter/>
- Sample Closet

Books:

- The 4 Disciplines of Execution – McChesney, Covey, Huling
- The Organized Mind – Daniel Levitin
- Lean In – Sheryl Sandberg
- Streisand – Taylor Trade
- Her Again (Becoming Meryl Streep) – Michael Schulman

I love the Streisand and Streep biographies, because they tell the stories of artists who knew their worth and knew what they were capable of before anyone else did. They broke rules, rewrote rules, made others adapt to them, and are legends because they delivered on their promise of who they are. They're worth reading just to hear about spunky individuals in the arts and how they made it all work for them.

Coaches/team people:

- BEST CAREER COACH IN NEW YORK – Kate Lumpkin. www.kate-lumpkin.com
- Acting through song – David Brunetti www.actingsongs.com
- ENT: Linda Dahl - www.dolcenter.net/
- Voice Teacher: Deric Rosenblatt - <https://vocalpowerllc.com/>

American Traditions Vocal Competition: <http://americantraditionscompetition.com/>

Contact me at www.mikkisodergren.com or msodergren@americantraditionscompetition.com

Thank you!
Mikki