



2017 Winter Workshop San Diego, CA



CD and DVD ORDER FORM

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Individual CDs are \$15.00 (S/H included). DVDs are \$25.00 each (S/H included). Some sessions are multi-CD sets and are priced accordingly.

Check the form for those prices.

Thursday, January 5

DVD CD

- ___ 1. The Alexander Technique and Body Mapping: An Introduction - *Draina & Brody* (Two CDs - \$22.00)
- ___ 2. Let's Move! - *Draina & Brody* (Two CDs - \$22.00)
- ___ 3. Applying the Alexander Technique and Body Mapping: The Facts are Friendly - *Draina & Brody*
- ___ 4. The Voice from Foot to Head: A Holistic Approach to Safe Vocalizing - *Morton*

Friday, January 6

DVD CD

- ___ 5. The Structures and Movement of Breathing: Be Moved! - *Draina & Brody* (Two CDs - \$22.00)
- ___ 6. Master Class: Self Care While Teaching - *Draina & Brody* (Two CDs - \$22.00)
- ___ 7. Mindful Practice - *Helding* (Two CDs - \$22.00)
- ___ 8. Holistic Options for the Singer's Mental and Vocal Health - *DeStefano*
- ___ 9. Beyond the Breath: Taiji and Qi Gong Exercises for the Singer and Studio - *DeStefano & DeStefano*

Saturday, January 7

DVD CD

- ___ 10. YogaVoice® Your Authentic Voice - *Moliterno* (Two CDs - \$22.00)
- ___ 11. YogaVoice® Practice - *Moliterno* (Two CDs - \$22.00)
- ___ 12. Singing Master Class - *Moliterno* (Two CDs - \$22.00)

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