

**NATS Winter Workshop and NATSAA/NMTC Finals**

January 10-12, 2020

The Roosevelt Hotel, New York City

***The Complete Singer***

**Program Schedule**

<b>Friday, January 10</b>	<b>Saturday, January 11</b>	<b>Sunday, January 12</b>
<b>Registration open 8:00am–3:00pm</b>	<b>Registration open 8:00am – 3:00pm</b>	<b>Registration open 8:00 – 11:00am</b>
<p><b>9 – 10:30 am: <i>The Self-Assured Singer: Preparation for Audition Success</i></b>  <b>Trinidad Ballroom-Lobby Level</b></p> <p>The Metropolitan Opera’s National Council Auditions have helped identify opera’s brightest young stars for more than 65 years. Melissa Wegner and Brady Walsh hear hundreds of auditions every year and will share the perspective of those sitting behind the judge’s table. Learn techniques and insights to improve audition skills and feel confident in the impression you give of yourself as a singer and artist. Attendees will leave with a better understanding of the path to a successful singing career. Three singers are needed for a master class: contact <a href="mailto:vpworkshops@nats.org">vpworkshops@nats.org</a>.</p>	<p><b>9 – 11 am: <i>Anatomy in Action: Meeting the Physical Demands of Opera Staging</i></b>  <b>Trinidad Ballroom-Lobby Level</b></p> <p>For vocal technique to remain secure throughout stage movement, singers require a high degree of dynamic physical stability. They must also free themselves from habitual and/or extraneous movement in order to define and embody their characters well. This workshop with Dr. Claudia Friedlander will focus on stabilizing the shoulders, core, and lumbo-pelvic-hip complex in order to enable singers to express their best technique while also physically embodying their roles and executing stage movement.</p>	<p><b>8:30 – 10:30 am: <i>Consent and Creating Safe Theatrical Space</i></b>  <b>Grand Ballroom-Mezzanine Level</b></p> <p>Performers are paid to be vulnerable on stage. Problems arise when a character’s simulated emotions morph into the actor’s real emotions. While this can be precarious with any emotion, those related to intimacy and physical attraction can be particularly problematic. In this presentation, stage combat instructor Jacqueline Holloway and movement-based pedagogue Dr. Sean McCarther address issues of consent in the theater. Attendees will participate in several exercises that explore ways to establish safe rehearsal and performance spaces.</p>
<b>10:30 – 11 am: <i>Refreshment Break</i></b>	<b>11 – 11:30 am: <i>Refreshment Break</i></b>	<b>10:30 – 11 am: <i>Refreshment Break</i></b>
<p><b>11 am – 1 pm: <i>French Mélodie Master Class</i></b>  <b>Trinidad Ballroom-Lobby Level</b></p> <p>Renowned collaborative pianist Margo Garrett leads a master class in French <i>mélodie</i>. Those interested in participating should contact the VP for Workshops at <a href="mailto:vpworkshops@nats.org">vpworkshops@nats.org</a> and indicate repertoire you are interested in coaching. Space is limited, so please act soon to request a space. A pianist will be provided.</p>	<p><b>11:30 am – 1:30 pm: <i>Alexander Technique to Manage Performance Anxiety</i></b>  <b>Trinidad Ballroom-Lobby Level</b></p> <p>Auditions and performances are high stress situations. Alexander Technique has been used by performing artists for over 100 years to address performance anxiety and other stressors. In this experiential session, Certified Teacher Brooke Lieb shares basic concepts from the Alexander Technique, and helps develop strategies for personal practice of Alexander Technique to manage stress and anxiety around performance.</p>	<p><b>11 am – 1 pm: <i>Alexander Technique Applied to Practice and Rehearsal</i></b>  <b>Grand Ballroom-Mezzanine Level</b></p> <p>Musicians are experts at being in the moment, finding novelty in repetition. This experiential session will include guided group activities and one-to-one demonstrations of key concepts from the Alexander Technique that allow singers to access greater ease, flexibility and mastery of material. Brooke Lieb will explore strategies for applying Alexander Technique tools to warm-up and technique building exercises and repertoire.</p>

<b>1 – 2:30 pm: Lunch on your own</b>	<b>1:30 – 2:30 pm: Lunch on your own</b>	<b>1 – 2 pm: Lunch on your own</b>
<p><b>2:30 – 4:30 pm: German Lieder Master Class</b> Trinidad Ballroom-Lobby Level</p> <p>Renowned collaborative pianist Margo Garrett offers a master class in German <i>Lieder</i>. Those interested in participating should contact the VP for Workshops at <a href="mailto:vpworkshops@nats.org">vpworkshops@nats.org</a> and indicate repertoire you are interested in coaching. Space is limited, so please act quickly. A pianist will be provided.</p>	<p><b>2:30 – 4:30 pm: Cultural Literacy for the Music Theater Performer</b> Trinidad Ballroom-Lobby Level</p> <p>Today's singers are expected to not only be well-trained and healthy, but versatile and informed. Casting director Michael Cassara will examine the ways in which you can help your students navigate the changing terrain and begin (or continue) their professional careers with awareness of our rich cultural heritage and its relevance on the current professional landscape.</p>	<p><b>2:00 – 4:00 pm: Alexander Technique and Conversational Speech</b> Grand Ballroom-Mezzanine Level</p> <p>Vocalists apply good technique to singing, but many of our persistent vocal habits have to do with everyday conversational speech. In this experiential session with Brooke Lieb, we will apply Alexander Technique tools to improve efficiency in speaking as a way to support vocal health.</p>
<p><b>4:30 – 6 pm: Q &amp; A with Margo Garrett</b> Trinidad Ballroom-Lobby Level</p> <p>Renowned collaborative pianist Margo Garrett follows her master classes with a Question and Answer session on auditioning, performing, competing, and “The Business” in general. Diction questions from the previous master classes are more than welcome: no holds barred!</p>	<p><b>4:30 – 6 pm: Music Theater Auditions Master Class</b> Trinidad Ballroom-Lobby Level</p> <p>Michael Cassara follows his talk with a hands-on master class in auditioning for music theater, with immediate feedback. Those interested in participating should contact the VP for Workshops at <a href="mailto:vpworkshops@nats.org">vpworkshops@nats.org</a> and indicate repertoire you are interested in coaching. Space is limited, so please act quickly. A pianist will be provided.</p>	<p><b><i>Safe travels home!</i></b></p>
<b>6 – 7:30 pm: Dinner on your own</b>	<b>6 – 7:30 pm: Dinner on your own</b>	
<p><b>7:30 – 10:30 pm: NATSAA Finals*</b> Grand Ballroom-Mezzanine Level</p> <p><i>*Tickets @ door - \$10 pp for non-registered guests</i></p>	<p><b>7:30-10:30 pm: National Music Theater Competition Finals*</b> Grand Ballroom-Mezzanine Level</p> <p><i>*Tickets @ door - \$10 pp for non-registered guests</i></p>	

***Please be advised that the schedule is subject to change as needed.***